



Units 3 and 4 Health and Human Development

Practice Exam Question and Answer Booklet

Duration: 15 minutes reading time, 2 hours writing time

Structure of book:

Number of questions	Number of questions to be answered	Number of marks
14	14	100

- Students are permitted to bring into the examination room: pens, pencils, highlighters, erasers and rulers.
- Students are not permitted to bring into the examination room: blank sheets of paper and/or white out liquid/tape.
- No calculator is allowed in this examination.

Materials supplied:

- This question and answer booklet of 20 pages.

Instructions:

- You must complete all questions of the examination.
- Write all your answers in the spaces provided in this booklet.

Instructions

Answer all questions in the spaces provided..

Questions

Question 1

- a. Over the last 30 years Australia has experienced a large increase in life expectancy. Which model of health is said to be responsible for this increase?

1 mark

- b. Briefly explain the other model of health. In your answer identify two disadvantages of this model.

4 marks

Total: 5 marks

Question 2

- a. List 4 Millennium Development Goals.

4 marks

- b. Choose one Millennium Development Goal from part a. and explain its purpose.

2 marks

Total: 6 marks

Question 3

a. What is emergency aid?

2 marks

b. Name a country Australia is likely to give emergency aid to.

1 mark

c. Explain why Australia would be inclined to provide emergency aid to this country.

2 marks

Total: 5 marks

Question 4

Compare the concepts of life expectancy and health adjusted life expectancy (HALE). Define both terms in your answer.

3 marks

Total: 3 marks

Question 5

a. Medicare is said to be one of the most important components of Australia's health care system. What is Medicare?

2 marks

b. Identify one advantage and one disadvantage of Medicare.

2 marks

Total: 4 marks

Question 6

Explain the following:

a. DALY

2 marks

b. Physical dimension of health

2 marks

Total: 4 marks

Question 7

a. Identify four priority areas of VicHealth.

4 marks

b.

i. Identify one VicHealth-funded program that addresses one of the priority areas from part a.

1 mark

ii. Explain how this program addresses the chosen priority area.

2 marks

iii. Describe three potential health outcomes of this program.

3 marks

Total: 10 marks

Question 8

a. Explain the concept of the National Health Priority Areas (NHPAs).

2 marks

b. Name a NHPA that is highly prevalent amongst older Australians.

1 mark

c. Give two reasons why the condition named in b. was selected as an NHPA.

2 marks

- d. Identify a program that addresses the NHPA named in b. In your answer explain the features of this program and how it is run.

4 marks

- e. Is this program effective in improving health? Explain your answer.

3 marks

Total: 12 marks

Question 9

a. What is the purpose of mortality strata?

2 marks

b. Which mortality strata would Australia be classified into? Explain your answer.

1 mark

c. Give one reason why mortality strata are not the ideal method of classifying countries.

2 marks

Total: 5 marks

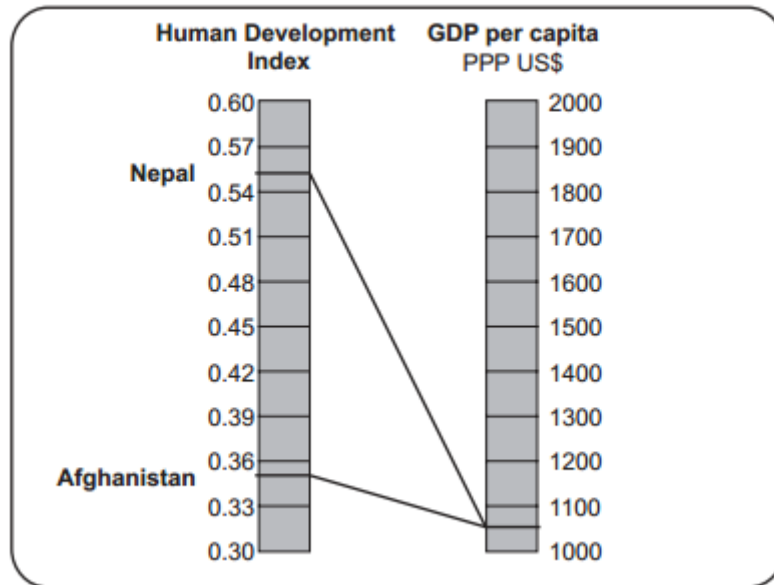
Question 10

a. What is the Human Development Index?

2 marks

b. The Human Development Index (HDI) is considered to be a comprehensive measure of health status and it is often used to compare the health of different countries. Explain a limitation of the HDI.

2 marks



Indicator table H of the Human Development Report 2009

c. Give one reason why Nepal and Afghanistan have the same GDP but different HDI.

2 marks

Total: 6 marks

Question 12

- a. Nutrition Australia is an Australian non-governmental health promotion agency. Identify two programs run or funded by Nutrition Australia.

2 marks

- b. Explain two ways that Nutrition Australia may use the information from national nutrition surveys to promote health amongst the Australian population.

4 marks

- c. The Healthy Living Pyramid is an initiative of Nutrition Australia. Describe two disadvantages of the pyramid.

2 marks

Total: 8 marks

Question 14

- a. List one priority of the Australian Government's aid programs.

1 mark

- b. Describe how the Australian Government may implement an aid program to improve levels of food security in a rural community in an Asia-Pacific country such as Indonesia.

3 marks

